

 <p>HEINRICH HEINE UNIVERSITÄT DÜSSELDORF</p>	<p>Patient information</p> <p>Treatment Agreement</p>	 <p>Qualität für Menschen</p> <hr/> <p>LVR-Klinikverbund</p>
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Dear Patient,

A treatment agreement is a written agreement between you and the Clinic. It applies in the event that you should be readmitted to us in future in an acute psychological crisis.

In such a situation you may not be well enough to express your treatment wishes clearly or arrange important things that need to be settled at home.

In this situation it helps to have a treatment agreement in which you can write down now important information which may be needed in future. In this way, you can provide the doctor and medical team responsible for you in the future with precise information. We will then be able to respond to your wishes more effectively. We might thereby be able to avoid conflicts that could otherwise result from misunderstandings.

The conclusion of such an agreement is of course voluntary. We have prepared a special form for this, which you can fill out together with your doctor. The agreement will then be kept in a safe place at the Clinic. It will then be available in the event of your readmission.

A treatment agreement should only be written out towards the end of your stay or even after your discharge from the Clinic. It is important to conduct discussions about the agreement on "healthy days".

What are the issues that can be dealt with in the treatment agreement?

Which contact persons shall we inform, how shall we structure the admission situation for you, what are your wishes regarding any necessary medication? The treatment agreement will contain agreements only on points that can be adhered to by you and the Clinic.

What positive experiences have there already been with treatment agreements?

More security for everyone involved, less fear of crises and hospitalisation - thus, where appropriate, enabling admission as soon as the first symptoms appear, with a shorter length of stay and generally fewer misunderstandings.

If you feel that a treatment agreement could be useful for you, please contact us. We shall be happy to provide further information.

Your Ward Team